

EFACOR™ QUICK Q&A

What is EFACOR™?

EFACOR™ is a concentrated, pharmaceutical grade, natural Omega-3 dietary supplement providing high dose EPA and DHA. EFACOR is guaranteed ultra-pure, free of environmental contaminants and to have exceptional taste.*

- Prescription potency
- Pharmaceutical purity
- Independently tested
- Exceptional taste
- Significant value

Due to its strong formulation, EFACOR meets the American Heart Association's (AHA) DAILY recommendation for Omega-3s for cardiovascular health and meets government requirements for an APPROVED FDA health claim in relation to Omega 3s and their ability to potentially reduce cardiovascular disease.*

How do Omega-3s benefit the body?

- Cardiovascular Health
- Neurologic/Nervous system health
- Promoting a healthy weight
- Healthy eyes
- Joint health

How much should I take?

- Daily Dose for Adults: 2 softgels, 10 minutes before a meal. It is recommended to not exceed 8 softgels daily.

How long does a bottle last?

- There are 60 softgels in a bottle (one month's supply).

Is it Vegetarian/Vegan?

- The product does contain fish-derived oils, so EFACOR is vegetarian, but not vegan.

What is the Flavor?

- Lemon/Lime



*Replenishing the Essence
of Vibrant Health™*

Does it taste fishy or will I burp up fish taste?

- NO! Due to EFACOR's superior formulation and purity, it will not cause a "fishy" odor or repeat – this is one of the very special features of EFACOR. The Eniva R&D Team worked very hard on this aspect of the product.

Are there medication interactions?

- The safety of Omega-3 supplements like EFACOR is very well established in scientific literature, and there is a very low likelihood of medication interaction. However, we do recommend before starting, especially if you are on medication, that you first check with your personal doctor. This is always a good "rule of thumb" to follow.

Is EFACOR "approved"?

- EFACOR production and distribution is regulated by the FDA under the DSHEA Act of 1994.

How much does it cost?

- Preferred Customer : \$36.95
- Wholesale Manager Price: \$29.95

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

I already order Omega-3 Complete™. Should I switch?

- Although Omega-3 Complete is an excellent product, EFACOR™ has incorporated new research and higher levels of certain Omega-3s that have been shown in research to be very important for your health, in particular EPA and DHA Omega-3s.

Unless you are a vegan, you should switch from Omega-3 Complete to EFACOR. EFACOR is a superior product to Omega-3 Complete.

How is EFACOR different from Omega-3 Complete?

- First off, EFACOR and Omega-3 Complete are the exact same price.
- However, EFACOR is a superior formula over Omega-3 Complete due to its incorporation of new research and high concentration of EPA and DHA and its unique blend of other Omega-3s. As such, EFACOR meets the American Heart Association's daily recommendation for EPA and DHA Omega-3s.
- EFACOR is suitable for vegetarians, but not vegans as it contains fish oil. Vegans should continue to use Omega-3 Complete.
- EFACOR is a softgel, while Omega-3 Complete is an oil liquid.
- EFACOR is better tasting than Omega-3 Complete – and not just because it is in a softgel but because of the dedication of Eniva's R&D Team to this aspect. Please know that **if you like to chew your soft-gels, you will love the lemon/lime taste!**
- EFACOR is recommended over Omega-3 Complete. EFACOR is the latest and greatest, and it is the same price!
- Please see www.eniva.com for more information, plus downloadable files that will help explain the difference!

ARE ALL OMEGA-3S AND OMEGA-3 PRODUCTS CREATED EQUAL?

NO. Although many products tout the benefits of Omega-3s, most are relatively low in the two most important ones: EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). EPA and DHA are recognized by the health community as critical in providing the majority of health benefits associated with Omega-3s. In fact, the American Heart Association's daily recommendation (1,000 mg) of Omega-3s is focused on DHA and EPA use, although many manufacturers will use less effective Omega-3s in their formulations. In addition, some products will also count the weight of the softgel material itself in their literature to "trick" consumers into thinking there are more omegas in their product than there actually are present.

Be assured there are over 1,000 mg of EPA+DHA in EFACOR per serving (2 softgels). In addition, there are 100 mg more of additional blended Omega-3s.

How do I compare EFACOR™ to other Omega products?

The best way is to calculate the number of softgels needed to achieve 1,000 mg of EPA+DHA. For example, in 2 softgels of EFACOR, there are 680 mg of EPA and 340 mg of DHA, which together totals 1,020 mg of EPA+DHA per serving – thus crossing the 1,000 mg daily threshold.

Can I take it with VIBE®?

Yes, you can take it at the same time as you take your VIBE®. In fact, EFACOR and VIBE are synergistic. The antioxidants in VIBE help to protect the healthy Omega-3s in EFACOR from oxidation via physiologic stress.

EFACOR™

SUPPLEMENT FACTS

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		% Daily Value*
Calories (energy)	20	
Calories From Fat	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	0 g	†
Cholesterol	0 mg	0%
Omega-3 Fatty Acids	1,120 mg	†
EPA (Eicosapentaenoic Acid)	680 mg	†
DHA (Docosahexaenoic Acid)	340 mg	†
Other Omega-3s (includes DPA/ETA)	100 mg	†

* Percent Daily Value are based on a 2,000 calorie diet.

† Daily Value not established.

FOR MORE INFORMATION...

For more information on EFACOR, please see www.eniva.com... complete with downloadable files, presentations and even a message from Dr. Ben. Or go to the Eniva Health and Product Line at 641-297-5110 and select #7 to hear a prerecorded message from Dr. Ben on EFACOR!

www.enivaquality.com
www.eniva.com